



SUMMER CAMP 2012

2-5 AUGUST

WITH SENSEI NICHOLAS PETTAS

極真會館

押忍



Sweden Kyokushin Summer Camp 2012 2-3-4-5 August will take place in Gävle at Wiklund Dojo 180 kilometers north of Stockholm.

This year it will be visited by the world top instructor **Sensei Nicholas Pettas**

The camp fee is 100 euro or 1000 Swedish krona which includes Accommodation, Breakfast for guest. All guest will sleep in Dojo .

They are several restaurants in the area where you can buy lunch and dinner.

Bring your own sleeping bag and shin guard and protection gear.

From Arlanda airport you can take train to Gävle and from trainstation it's only 8 min walk to Wiklund Dojo. The camp fee must be payed at the latest the 30 of june 2012 please note that there is a maximum limit of 90 students so to be sure of a place sign up as soon as possible.

Pay the camp fee to (Scandinavian students) bankgiro 622-2871

Mark the payment "Name and summer camp 2012" Students from rest of the world may pay at the IBAN SE46 8000 0810 3491 4808 8041 Bank bic SWEDSESS Account holder: Robert Wiklund

NOTE: Your place in the camp is yours when you have pay not before.

Thursday:

Arrive in dojo 17.00.
Training 18.00 - 19.30.
Dinner.

Friday:

6.30 - 8.00 Training.
8.30 Breakfast.
10.30 - 12.15 Training.
12.30 - 16.00 Lunch
16.30 - 18.15 Training.
Relax time

Saturday:

6.30 - 8.00 Training.
8.30 Breakfast.
10.30 - 12.15 Training.
12.30 - 16.00 Lunch
16.30 - 18.15 Training.
Relax time

Sunday:

7.00-8.30 training
Breakfast.
10.30 - 12.15 Training.
Camp finnish.

Sensei Robert Wiklund

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